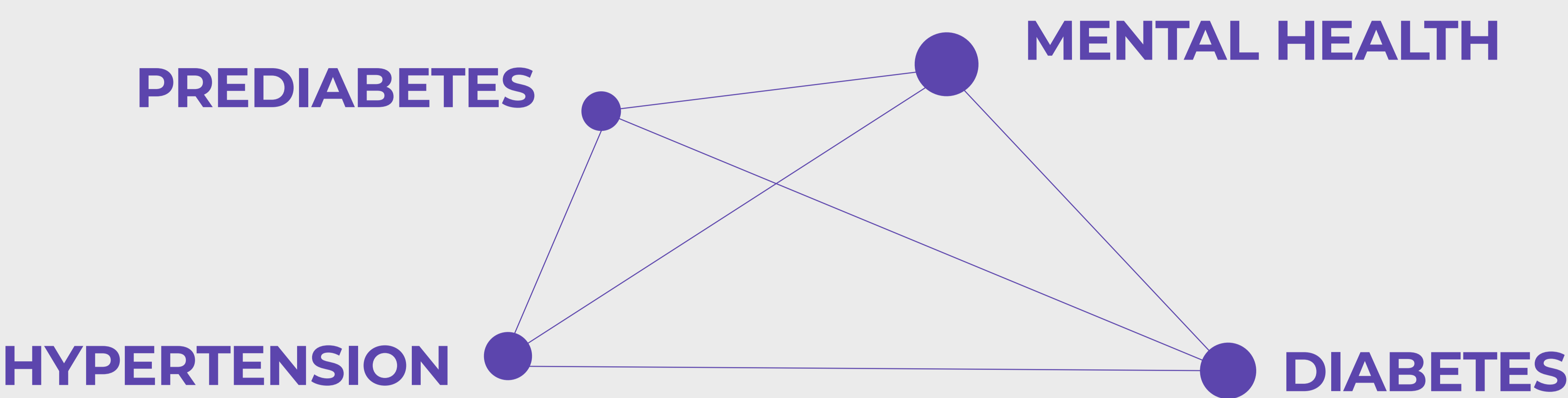


MULTI-PROGRAM CHRONIC CONDITION SOLUTIONS AMPLIFY OUTCOMES

CHRONIC CONDITIONS ARE PREVALENT,
COSTLY AND DON'T EXIST IN ISOLATION



OUR INTEGRATED APPROACH WORKS

A recent study* shows multi-program solutions help improve outcomes for people with multiple conditions



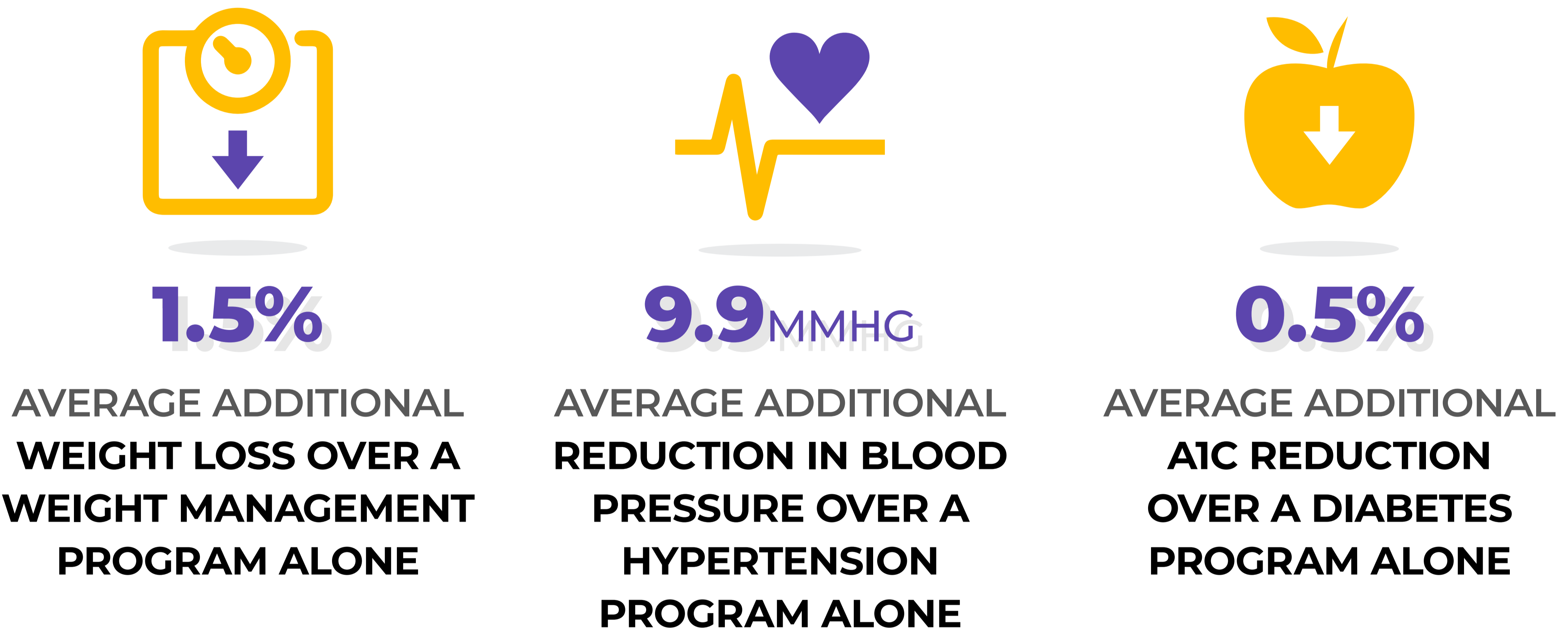
ENROLLING IN A MENTAL HEALTH PROGRAM IS THE BIGGEST CONTRIBUTOR TO IMPROVED OUTCOMES

MEMBERS WITH MULTIPLE CHRONIC CONDITIONS ENGAGING IN A PROGRAM FOR 1 CONDITION OFTEN IMPROVE IN OTHER AREAS

INDIVIDUALS EXPERIENCE IMPROVED OUTCOMES IN THEIR ANCHOR CONDITION WITH EVERY ADDITIONAL PROGRAM THEY ENROLL IN



Mental health programs lead to better overall outcomes



MORE PROGRAMS YIELD GREATER RESULTS

Average additional A1c reduction for those enrolled in multiple programs



▼ 0.2% average

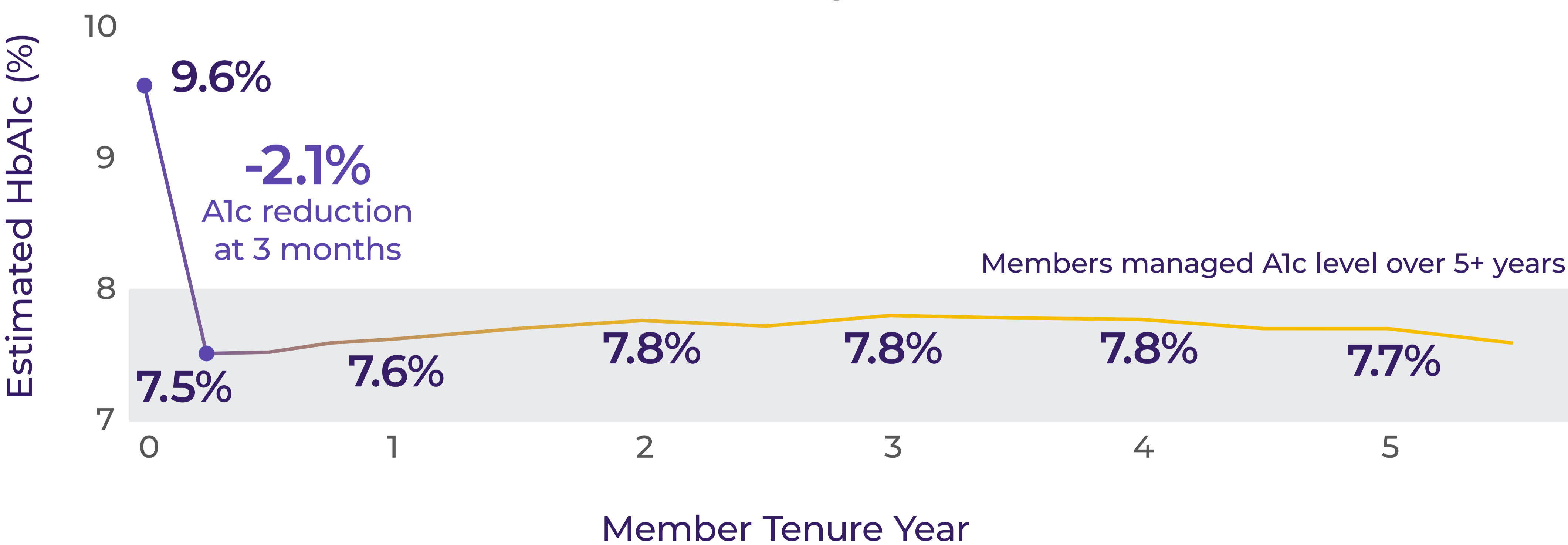
additional A1c reduction for every additional program enrolled⁴

▼ 5mmHG average

additional reduction in systolic blood pressure for every additional program enrolled⁴

MEANINGFUL AND SUSTAINED RESULTS

A1c reduction by time with the program for members with starting A1c ≥ 8⁴



INTEGRATED CONDITION MANAGEMENT

- **Easier** management
- **Improved** health outcomes
- **Lower** cost of care
- **Better** member experience

¹Centers for Disease Control and Prevention, Chronic Diseases in America

²National Alliance on Mental Health "Mental Health By the Numbers"

³Centers for Disease Control and Prevention, Health and Economic Costs of Chronic Diseases

⁴Member tenure year 0: average self-reported A1c at registration. Data Source: DS-10501

*STUDY SIZE & SCOPE: 24,000+ members with chronic conditions across 34 Teladoc Health clients

PROGRAMS: Teladoc Health Chronic Condition Management Plus

SAMPLE OUTCOMES: Additional 0.6% A1c reduction; additional 15 mmHG reduction in systolic blood pressure; additional 1.5% weight loss among members enrolled in multiple programs, including mental health