



Virtual Nursing with Mental Health Support

Increase your capacity for care

Hospitals and health systems are facing serious nurse staffing challenges. And in turn, many nurses are bearing the emotional impact.

The Teladoc Health inpatient virtual nursing solution—including digital mental health support—offers fully integrated telehealth capabilities that allows experienced staff to perform nursing responsibilities that don't require hands-on care from virtually anywhere. This frees up your bedside nurses to focus on delivering quality patient care, while helping improve staff satisfaction, reduce inpatient length of stay and increase care delivery efficiency.

Addressing staff burnout

As a full-service virtual care partner, Teladoc Health also addresses the stress that your nursing staff carry. Our digital mental health solution offers easy, confidential access to tools that are proven to build resilience and well-being.

With over 1,100 activities built on evidence-based models, our solution supports a wide range of mental health needs and severity. Your staff gets in-the-moment support and a highly personalized experience that guides them to the most relevant programs, activities and content based on their needs.

2.1M

Projected need for RNs for expansion and replacement of retirees¹

The impact of digital mental health

53%

reduction in depression scores²

96%

satisfaction³



Teladoc Health also addresses the stress that your nursing staff carry.

The essential elements of a successful virtual nursing program

- **Virtual nurses complement bedside nurses**, not replace them
- **Virtual and bedside nurses access the same patient information**, including real-time access to patient monitors
- **Virtual nurses have access to a patient room via virtual care technology**, including two-way audio and video
- **Nurses feel supported** with on-demand digital mental health programs

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The time is now. We have a shortage of nurses for practicing the way that we have always practiced in the past. [Virtual nursing] is the way to cure that shortage of nurses.

AONL 2023 virtual nursing session panelist and Teladoc Health partner

¹Global Workforce Intelligence Project by The Josh Bersin Co. 2022

²<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5395692/>

³MyStrength Book of Business

Learn More: TeladocHealth.com | engage@teladochealth.com

About Teladoc Health: Teladoc Health is empowering all people everywhere to live healthier lives by transforming the healthcare experience. Recognized as the world leader in whole-person virtual care, Teladoc Health leverages clinical expertise, advanced technology and actionable data insights to meet the evolving needs of consumers and healthcare professionals.

Teladoc
HEALTH